# THE WEDDING POSING GUIDE





## Hi, I'm Attila

A dedicated and enthusiastic wedding photographer, based in the picturesque neighbourhood of Hampstead Garden Suburb, London. My journey with photography began in my youth, the moment I first cradled a camera in my hands. Since then, my passion has been fuelled by the countless wonders I've captured on my travels, finding beauty in every little detail. Embarking on my professional path in 2005, each click of the camera has only deepened my adoration for this art.

## THE WAY I WORK

### **WEDDING DAY**

While you don't need to focus solely on the camera or strike a pose constantly, it's important to remember that your photos are about capturing you and your partner on this special day.

As you immerse yourself in the joy and excitement, laugh, get in on the fun, be lost in the moment, and do your best to let everything else fade away.

When you look at your photos, you'll want to remember how you felt that day, not how you were posed. Although you don't need to model professionally, engaging naturally with your partner and your surroundings will bring out your genuine expressions and emotions.

Relax, embrace the fun, and let yourself get lost in the moment. By staying aware yet unposed, you'll help ensure that your photographs are both beautiful and meaningful, preserving the feelings of the day for years to cherish.

I promise, if you follow this tip, you will have beautiful photos that you love for years to come.

## **Bont** Pose

The best photos are from when natural moments occur, but you can also create those moments. Ultimately your photographer should do the directing, relax you in front of the camera, and create those moments so that when you look back at your photos you remember how you felt, and not how you were posed. Here are a few of my favourite tricks when I pose people in front of the camera

- I have them to tell me what they're thinking... using only their eyebrows.
- I have them to imitate the most obnoxious laugh they've ever heard.
- I ask them tell me what they want for dinner with their very best sexy voice.
- I have them walk towards me like they're a little bit tipsy or falling off a balance beam.
- I ask them to play a sort of tug of war with each other while holding hands.





THE BLUSHING BRIDE'S GUIDE TO LOOKING RADIANT FROM FIRST GLANCE TO LAST DANCE.



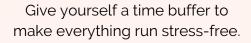
# Trial Run

Be sure to have a hair and makeup trial at least a month before your wedding for peace of mind.

Make sure to snap a few images after your session to make sure all elements, from makeup, to hair, to dress, to jewellery, are a perfect match—and fabulously photogenic.

I recommend doing this trial right before your pre-wedding photoshoot too, to get the most out of your professionally done hair and makeup.





# Reep it Glean

Make sure to take excellent care of your skin in the weeks leading up to your special day.

This means a daily, faithful date with a quality cleanser, moisturizer, and exfoliant (when necessary).

# Stand up Tall

Good posture is the icing on the wedding cake. You might look good enough to eat, but slouching makes wedding photos seem a little less dishy.

So, stand up tall!



# Timely Trending

Allow 50% more time for hair and makeup than you originally anticipated on the big day.

This will ensure you have plenty of time for all the portraits and festivities at the wedding.

Of course, reach out at any time to ask for timing suggestions.

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Priorities



Any parts that you want to downplay or that you want to appear slimmer should be moved away from the camera.

Objects that are farther away from the camera are perceived smaller than they are.

### Would you like slimmer arms?

Be sure to always have a slight bend in your elbows and bring your elbow towards the back rather than out to the side.

### Not a fan of your hips?

Just stand slightly sideways instead of dead-on to the camera and lean on your back leg (causing the one closest to the camera to bend).

Not only will this make your hips appear smaller, but you'll love the curve it gives your whole body.





Best Features

## O2 STRUT YOUR STUFF

We all want to highlight our best features. The best way to do this is to bring any part of your body that you love or want to highlight, closer to the camera.

**Love your eyes?** - Lean your head slightly towards the camera and tilt your chin slightly down to cause your eyes to open more.

**Love your hair?** - Make sure it's blown-out or nicely styled and stays more in front of your shoulder than behind.

**Love your shoulders?** - Don't be afraid to throw a little sass at the camera and do some cute over-the-shoulder poses!

**Wish to show off your waistline?** - Make sure your hands aren't ever flat by your sides. Bring your arms and elbows ever so slightly away from your waistline so the camera can clearly see it.

# O3 CHIN OUT, NOT UP OR DOWN

This may be one of the biggest mistakes I see people make in wedding and engagement pictures.

Many people want to avoid having a double-chin so they lift their chin up.

All that does is show the camera more of the neck you're trying to hide.

Occasionally, people will do the opposite and tilt their chin down.

Unfortunately, this can emphasize any extra neck skin.

### Try this:

Pretend you're a turtle and pop your head out of your shell.

Try to create as much space as possible between the front of your shoulders and the back of your jaw, almost like a chicken does during his cluck-cluck head bob. Bringing your face closer to the camera while keeping your body and shoulders where they are may feel completely weird, but trust me, it will make you look amazing!

# O4 HOW DO YOU FEEL ABOUT YOUR PHOTOGRAPHER

You may not have thought about this before, but your photographer is the vendor that you spend the most time with before, during, and after your wedding or photo shoot.

Not only do you have to trust them with your precious memories and trust that they know all of the above secrets to make you look amazing, but you should like them too! Imagine (or actually do it!) going out for coffee or a drink with your photographer...

Do you think you'd like hanging out with them?

Does he or she seem like a person that can handle stressful situations with ease and grace? If so, then you've struck gold!



Neck





At Your Services

### LIGHT IT RIGHT

It's wise to prepare for every lighting scenario. However, always apply makeup in natural light. It will help you detect subtle tones in skin and foundation colour, and know for certain how much blush or bronzer to put on.

### LIGHT SHIMMER & SHINE

Go easy on the shimmers and translucent powders. A little goes a long way, but too much ends up looking streaky, unpolished and sometimes greasy.

### MORE IS BETTER

Because you're likely to look washed out without it, wear more makeup than you would if you were going out for the evening. Even if you are not the type of person to wear a ton of makeup, make an exception for your wedding day. You will not regret it!



### WATERWORKS

There will be tears, so waterproof mascara is a must. Even if you're not terribly emotional, the sight of watching your friends and family choke up is enough to leave anyone in tears.

### **FALSIES**

Even if it seems counterintuitive, most wedding makeup artists will swear on false eyelashes.

Not only do they make your eyes pop, you will hardly even notice that they're there.

Make sure to research and consult with your makeup artist and try them out during your trial.

### TAKE A POWDER

Be sure to use powders with a skintone tint.

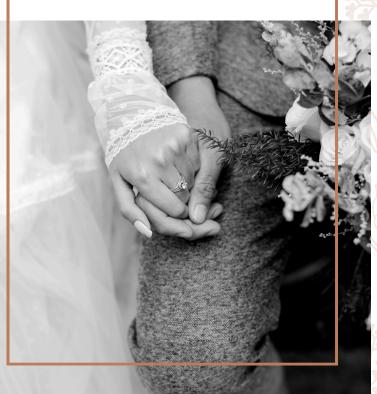
The pink or white powder can cause the flash of the camera to pick up cool shades, rather than warm, natural ones.

You want your powder to match your skin tone, but you don't want to look pale or ghostly. Be sure to take it with you for touch ups along with your lip colour.

## JUST FOR GROOMS

Through all of the bouquets and boutonnières, cakes and flourishes, wedding days probably seem a little more like tulle and taffeta torture than a day to celebrate with friends and family.

Not to worry. Some of my best compliments come from happy grooms who are thrilled with our fun and relaxed nature of photography. I'm here to make the event as fun as possible, and here's what I can promise:



Most of the day is completely candid. Yes, I'll suggest where to stand while you're getting ready so you're in flattering light, but the whole day is not a photo shoot. Most of the time you'll forget I'm even photographing you.

I do block out some fun photo shoot time for just the two of you. It'll just be us hanging out and snapping some pictures. No, there won't be any cheesy, forced poses, and nothing embarrassing. The idea is to guide you to looking your best and interacting with each other, more than with the camera.

If nothing else, this short period of stressfree time is an excuse away from hordes, hair and the harried events of the day. I do my best to make it a little more fun, and a little less stuffy.



After all, I want you to look at your photos and remember how you felt, not how you were posed.

I believe in a good mix of photojournalism and guided posing throughout the wedding day.

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## A FORMAL AFFAIR

#### ON TIME & TERRIFIC

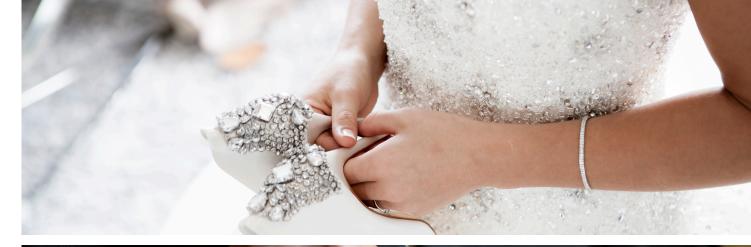
Because of how efficiently I work on the day, and the help I give you in preparing your family picture list, most family photo sessions on a wedding day are complete within 10-15 minutes. But a dedicated family member's (who knows everyone) help is always appreciated to call people for the shots.

Make sure all family members are present at their scheduled time and I'll be able to do my best, and fastest work.

#### **FORMAL THEN FUN**

Because we prefer to not keep everyone in photo-mode for too long, we always start with the largest groups and family members and break the groups down after that to allow for mingling.

If time permits, we love to include a picture of the bride with each of her bridesmaids and the groom with each of his groomsmen, plus individual photographs for all of those closest people in your life.





### **FESTOONED & FABULOUS**

Make sure all flowers and boutonnieres are delivered on time and affixed to family members and to the wedding party during prep in the morning.

Give yourself a time buffer to make everything run stress-free.

### LET ME KNOW

If you have ideas for any 'can't-miss' portrait groupings you would like to see photographed during this time, make sure to note them on your provided wedding information form sent a few weeks before your wedding.

I'm happy to work with your inspirations to capture all of your special moments!